



VB Parken Træningstider

Efterår 2016		Bane 3	Bane 4	Bane 5	Bane 6	Bane 7	Bane 8	Kunst	5 mands
Mandag	16:15–16:30	U13V(1)	U16E(3)			17/19L (12+4)	17/19L (12+4)		U9P/U10P (10)
	16:30–16:45	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		U9P/U10P (10)
	16:45–17:00	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		U9P/U10P (10)
	17:00–17:15	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		U9P/U10P (10)
	17:15–17:30	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		U9P/U10P (10)
	17:30–17:45	3F (9)	U16E(3)	U14/15(2+6)	U14/15V(2+6)	17/19L (12+4)	17/19L (12+4)		
	17:45–18:00	3F (9)	U18P (10)	U14/15(2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	18:00–18:15	3F (9)	U18P (10)	15P (10)	U11/U12P (10)	U11/U12 (5)			
	18:15–18:30	3F (9)	U18P (10)	15P (10)	U11/U12P (10)	U11/U12(5)			
	18:30–18:45	3F (9)	U18P (10)	15P (10)	U11/U12P (10)	U11/U12 (5)	Herre Senior 1(7)		
	18:45–19:00	3F (9)	U18P (10)	15P (10)	U11/U12P (10)	U11/U12 (5)	Herre Senior 1(7)		
	19:00-19:30	Kampe (1+3)	18P (10)	Serie 1 Kv(6)	U11/U12P (10)	U11/U12M (5)			
19:30-20:30	Kampe		Serie 1 Kv(6)						



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Efterår 2016		Bane 3	Bane 4	Bane 5	Bane 6	Bane 7	Bane 8	Kunst	5 mands
Tirsdag	16:15–16:30	U13 V(1)	U16E(3)			17/19L (12+4)	17/19L (12+4)		
	16:30–16:45	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	16:45–17:00	U13V(1)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	17:00–17:15	U13V(1)	U16E(3)	U14/15V(2+6)	U14/15V(2+6)	17/19L (12+4)	17/19L (12+4)		
	17:15–17:30	U13V(1)	U16E(3)	U14/15 (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	17:30–17:45	3F (9)	U16E(3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	17:45–18:00	3F (9)	U18P (10)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	18:00–18:15	3F (9)	U18P (10)	U11 (5)					
	18:15–18:30	3F (9)	U18P (10)	U11 (5)					
	18:30–18:45	3F (9)	U18P (10)	U11 (5)				Herre Senior 1(7)	
	18:45–19:00	3F (9)	U18P (10)	U11 (5)				Herre Senior 1(7)	
19:00-19:15	Kampe (1-12)	U18P (10)	U11 (5)	U19 (6)	Herre Senior.2(712)	Herre Senior 1(7)			



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Efterår 2016		Bane 3	Bane 4	Bane 5	Bane 6	Bane 7	Bane 8	Kunst	5 mands
Onsdag	16:15–16:30								U9P/U10P (12)
	16:30–16:45								U9P/U10P (12)
	16:45–17:00								U9P/U10P (12)
	17:00–17:15							U9-U10(5)	U9P/U10P (12)
	17:15–17:30							U9-U10(5)	U9P/U10P (12)U10(5)
	17:30–17:45			Kampe	U12/5			U9-U10(5)	U7-U8-(5)
	17:45–18:00			Kampe	U12/5			U9-U10(5)	U7-U8(5)
	18:00–18:15	Serie 1 kvinder (12)	15P (10)	Kampe	U12/5	U11P/U12P(12)			U7-U8-(5)
	18:15–18:30	Serie 1 kvinder (12)	15P (10)	Kampe	U12/5	U11P/U12P(12)			U7-U8-(5)
	18:30–18:45	Serie 1kvinder (12)	15P (10)	Kampe	U12/5	U11P/U12P(12)			
	18:45–19:00	Serie 1 kvinder (12)	15P (10)	Kampe	U12/5	U11P/U12P(12)			
	19:00-19:15	Serie 1kvinder (12)	15P (10)	Kampe	Kampe	U11P/U12P(12)			
19:15-21:00	Serie 1 kvinder (12)		Kampe	Kampe					



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Efterår 2016		Bane 3	Bane 4	Bane 5	Bane 6	Bane 7	Bane 8	Kunst	5 mands
Torsdag	16:15–16:30	U13V (1)	U16L/17 2div (3)			17/19L (12+4)	17/19L (12+4)		
	16:30–16:45	U13V(1)	U16L/17 2div (3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	16:45–17:00	U13V(1)	U16L/17 2div (3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)		
	17:00–17:15	U13V(1)	U16L/17 2div (3)	U14/15V (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)	U8/12P Talent(10)	
	17:15–17:30	U13V(1)	U16L/17 2div (3)	U14/15 (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)	U8/12P Talent(10)	U10 (5)
	17:30–17:45	3F (9)	U16L/17 2div (3)	U14/15 (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)	U8/12P Talent(10)	U10 (5)
	17:45–18:00	3F (9)	U18P (10)	U14/15 (2+6)	U14/15V (2+6)	17/19L (12+4)	17/19L (12+4)	U8/12P Talent(10)	U10 (5)
	18:00–18:15	3F (9)	U18P (10)	U15P (10)	U11 /12(5)				U10 (5)
	18:15–18:30	3F (9)	U18P (10)	U15P (10)	U11/12 (5)				U10 (5)
	18:30–18:45	3F (9)	U18P (10)	U15P (10)	U11/12 (5)		Herre Senior 1 (7)		
	18:45–19:00	3F (9)	U18P (10)	U15P (10)	U11/12 (5)		Herre Senior 1 (7)		
	19:00-19:15		U18P (10)	U15p (10)	U11/12(5)	Herre Senior 2 (2) U19	Herre Senior 1 (7)		
		U19(6)		U11/12(5)	Herre Senior 2	Herre Senior 1			



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Efterår 2016		Bane 3	Bane 4	Bane 5	Bane 6	Bane 7	Bane 8	Kunst	5 mands
Fredag	16:15–16:30	Talent akademi (10)	Talent akademi (10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)		
	16:30–16:45	Talent akademi (10)	Talent akademi (10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)		
	16:45–17:00	Talent akademi(10)	Talent akademi(10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)		
	17:00–17:15	Talent akademi (10)	Talent akademi (10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)	U-9(5)	
	17:15–17:30	Talent akademi (10)	Talent akademi(10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)	U-9(5)	
	17:30–17:45	Talent akademi (10)	Talent akademi (10)	13/14/15V (1+2-6)	13/14/15V (1+2-6)	17/19L (12+4)	17/19L (12+4)	U-9(5)	U7-U8-(5)
	17:45–18:00	Talent akademi (10)	Talent akademi(10)			17/19L (12+4)	17/19L (12+4)	U-9(5)	U7-U8(5)
	18:00–18:15	Kampe		Kampe 7- mands (1+3)	Kampe 7- mands (1+3)				U7-U8-(5)
	18:15–18:30			Kampe 7- mands (1+3)	Kampe 7- mands (1+3)				U7-U8-(5)
	18:30–18:45			Kampe 7- mands (1+3)	Kampe 7- mands (1+3)				
	18:45–19:00			Kampe 7- mands (1+3)	Kampe 7- mands (1+3)				
	19:00-19:15			Kampe 7- mands (1+3)	Kampe 7- mands (1+3)				

